



# Regional Center for Poison Control and Prevention

*Serving Massachusetts and Rhode Island*



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## Safe Plants

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Plants are a leading cause of poisonings to preschool children. A sure way to prevent these poisonings inside the home is by **substituting safe plants for poisonous plants**. Here is a list of some common indoor plants that are **safe** to grow around young children.

<b>Common Name</b>	<b>Botanical Name</b>
African violet	<i>Saintpaulia ionantha</i>
Aluminum Plant	<i>Pilea cadierel</i>
Asparagus Fern	<i>Asparagus setaceus</i>
Begonia	<i>Begonia samperflorens</i>
Bloodleaf Plant	<i>Iresine rhizomatosa</i>
Boston Fern	<i>Nephrolepis exaltata</i>
Coleus	<i>Coleus blumei</i>
Dracaena	<i>Dracaena fragrans</i>
Hen-and-Chickens	<i>Sempervivum tectorum</i>
Jade Plant	<i>Crassula argentea</i>
Peperomia	<i>Peperomia obtusifolia</i>
Prayer plant	<i>Maranta leuconera</i>
Rubber Plant	<i>Ficus elastica</i>
Sensitive Plant	<i>Mimosa pudica</i>
Spider Plant	<i>Chlorophytum comosum</i>
Swedish Ivy	<i>Plectranthus australis</i>
Wandering Jew	<i>Tradescantia fluminensis</i>
Wax Plant	<i>Hoya carnosia</i>
Weeping Fig	<i>Ficus benjamina</i>

**What to do if you suspect someone has swallowed a plant?**

**If you think someone may have swallowed any part of a poisonous plant, first remove any remaining pieces from the person's mouth. Then, bring the person and a piece of the plant to the phone and call your poison control center right away.**

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**24-HOUR POISON HOTLINE 1-800-222-1222**